

### LEVEL 10 BARS

<b>Special Requirements (.50)</b> 2 Bar Changes Min of 1 C flight 2 <sup>nd</sup> different flight, minimum of B C Dismount salto or hecht	<b>Value Parts</b> 3 A (.10 each) 3 B (.30 each) 2 C (.50 each)	<b>Connection Value</b> C + C = .1 (with flight/turn) C + D = .1 D + D = .2  <b>C before D does not need turn or flight</b>	<b>Up to .20</b> Variety/overuse Lack of vertical elements Release level  <b>Up to .10</b> Distribution Space Direction Balance pirouettes/flight  <b>Swing &gt;.20</b>	<b>Flat .10</b> Extra squat on (more than 1) Uncharacteristic elements ¾ giant forward  <b>.05</b> Circles, releases fwd and backward Lack elements with LA turn  <b>Dynamics &gt;.20</b>																																				
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