

called you are concerned about who and why?).

#### Judging Room/Car Pool:

- Please be courteous to fellow judges in the judges' room. It is uncomfortable for others to sit next to someone who is carrying on a personal conversation. Stepping outside of the room would be appropriate.
- Conversations in the car should be kept to a minimum for the same reason.

#### Hotel Room:

This new piece of technology has allowed some folks to assume that since only one person is in possession of it that this person is the only one who can hear it. Family members and friends should be asked to not call unless it is an emergency after 11 PM. This would be good guideline for the regular phone use as well.

As always emergency situations may arise that would require you to be in contact with your family. However the above mentioned guidelines should be followed as much as possible.

## Cell Phone Etiquette



Cell phones have become an important means for communicating in our busy lives. They have been of great assistance to many judges outside of personal use. We now have a convenient method to call car pool members if we are running late, contact meet directors when problems arise, etc.

As with many new advancements, there sometimes arises a need for guidelines for their personal use. Hopefully the guidelines that follow will be seen as ways to show courtesy to our fellow judges and performing gymnasts.

#### During the Meet:

- Use should be limited to between sessions – A cell phone should not be used at the judges' table during competition even if you are not actively judging.
- Judges should refrain from leaving the event to use the cell phone while any competition is going on.
- From the time the session begins until it is over the cell phone should be in vibrate or "off" mode. The audible ringing may be distracting to the athlete, you and fellow judges. (The vibrating mode can be distracting as well. Once you know someone has